

# Fruit & Veg

SEPTEMBER

**A month of  
munches, bunches  
and crunches!**



Supported by:



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Health



Make sure you fill the thirty days of September with lots of delicious fruits and tasty vegetables. Visit [crunchandsip.com.au](http://crunchandsip.com.au) for more information and make the most of Fruit and Veg September!

A joint Australian, State and Territory Government initiative